

SWOT Analysis

For (circle one): Business Health Wealth Relationships Happiness Spirituality Other

Strengths

Weaknesses

Opportunities

Threats

Instructions:

1. Choose one area to focus on, circle it.
2. Think about the things in this area that you do well. It could be something you have learned or something that comes naturally to you. Write them in the "Strengths" column.
3. Think about things you do not do well. These could be things that you want to learn about or things that you really do not like. Write them in the "Weaknesses" column.
4. Think about things that are happening in your family, your school, your community, or your world. Are any of these things something you can use to help you make your life better? Are any of these things something you can help others with? Write them in the "Opportunities" column.
5. Think about things that are happening in your family, your school, your community, or your world that could mess up your plans or stop you from doing what you like. It could also be something that would stop you from helping others. Write them in the "Threats" column.

What next?

6. Is there something in your "Strengths" that also appears in your "Opportunities"? If so, this is something you could start doing right away. It could be baking cookies for the elderly, starting a toy drive, mowing lawns, shoveling sidewalks, designing tshirts, or, well, pretty much anything!
7. Is there something in your "Weaknesses" that you would like to be better at? Look for opportunities to learn more about it. There are plenty of online resources. Want to learn how to invest? Check out the How To Be A Money Master website and facebook group! There is also Khan Academy, youtube, and many others.
8. Discuss any threats with someone you trust, like a parent, relative, or teacher.